

# 3-day Amsterdam Itinerary

Amsterdam

# Amsterdam: A Journey Through History and Culture

Welcome to Amsterdam, the Netherlands' enchanting capital, where historic canals meet contemporary culture. This comprehensive 3-day guide will lead you through the city's rich artistic heritage, picturesque waterways, and vibrant neighborhoods.

## Historical Overview

Amsterdam began as a small fishing village in the 12th century and evolved into one of the world's most important ports during the Dutch Golden Age. Today, it's renowned for its distinctive architecture, world-class museums, and progressive culture, making it a must-visit European destination.

## Iconic Landmarks

- Rijksmuseum: Home to Dutch masterpieces and cultural artifacts spanning 800 years
- Van Gogh Museum: Housing the world's largest collection of works by Vincent van Gogh
- Royal Palace: A magnificent example of Dutch Golden Age architecture
- Anne Frank House: A powerful memorial to World War II history

## Cultural Treasures

- Museum Quarter: A cultural hub featuring world-renowned museums
- Jordaan District: A charming neighborhood known for its artistic heritage
- Dam Square: The historic heart of the city
- NDSM Wharf: A former shipyard turned creative cultural hotspot

## Charming Neighborhoods

- Canal Ring: UNESCO World Heritage site with picturesque waterways
- De Pijp: A bohemian quarter home to the Albert Cuyp Market
- Red Light District: The city's most notorious neighborhood
- Noord: An up-and-coming district known for its contemporary arts scene

## Amsterdam Lifestyle

- Cycling Culture: Experience the city like a local on two wheels

- Café Culture: Enjoy traditional brown cafés and modern coffee houses
- Markets: From floating flower markets to street food bazaars
- Canal Life: Take in the city's unique waterway lifestyle

### **Green Spaces**

- Vondelpark: Amsterdam's most popular park
- Hortus Botanicus: One of the world's oldest botanical gardens
- Museumplein: A vast cultural green space in the heart of the city

### **Practical Travel Tips**

- Transportation: Use public transport or rent a bike; consider an I Amsterdam City Card
- Best Times to Visit: Spring (March-May) for tulips or Summer (June-August) for festivals
- Language: Dutch is the official language, but English is widely spoken
- Safety: Generally very safe, but be aware of pickpockets in tourist areas

### **3-Day Itinerary Highlights**

#### **Day 1: Cultural Immersion**

- Rijksmuseum
- Van Gogh Museum
- Vondelpark
- Museumplein

#### **Day 2: Historical Exploration**

- Anne Frank House
- Jordaan District
- Bloemenmarkt
- Evening Canal Cruise

#### **Day 3: City Discovery**

- Royal Palace of Amsterdam

- Dam Square
- Red Light District
- A'DAM Lookout

### **Additional Attractions**

- Albert Cuyp Market
- Heineken Experience
- The Pancake Bakery for traditional stroopwafels
- Begijnhof
- Westertoren
- Foodhallen
- Amsterdam Museum
- Hermitage Amsterdam

Amsterdam is a city that seamlessly blends historical charm with modern urban life. As you wander through its narrow streets and along its iconic canals, you'll discover a city that celebrates both its rich past and vibrant present. From world-class art museums to cozy cafés, from historic architecture to cutting-edge design, Amsterdam offers something for every type of traveler.

Let the city's unique character and warm hospitality guide you through an unforgettable journey. Whether you're admiring Golden Age masterpieces, cycling along scenic canals, or exploring hidden courtyards, Amsterdam promises to capture your heart with its distinctive charm and beauty.

Enjoy your adventure in Amsterdam!



# Itinerary Preview

3 days

## **DAY** 01

Rijksmuseum  
Van Gogh Museum  
Vondelpark  
Museumplein

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## **DAY** 02

Anne Frank House  
Jordaan  
Flower Market  
City Canal Cruise

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## **DAY** 03

Royal Palace Amsterdam  
Dam Square  
Red light district Residence on ground floor  
A'DAM Lookout





# **Daily Events**



## Day 1

09:00

### **Rijksmuseum**

Museumstraat 1, 1071 XX Amsterdam, Netherlands

11:00

11:45

### **Van Gogh Museum**

Museumplein 6, 1071 DJ Amsterdam, Netherlands

13:45

14:30

### **Vondelpark**

1071 Amsterdam, Netherlands

16:30

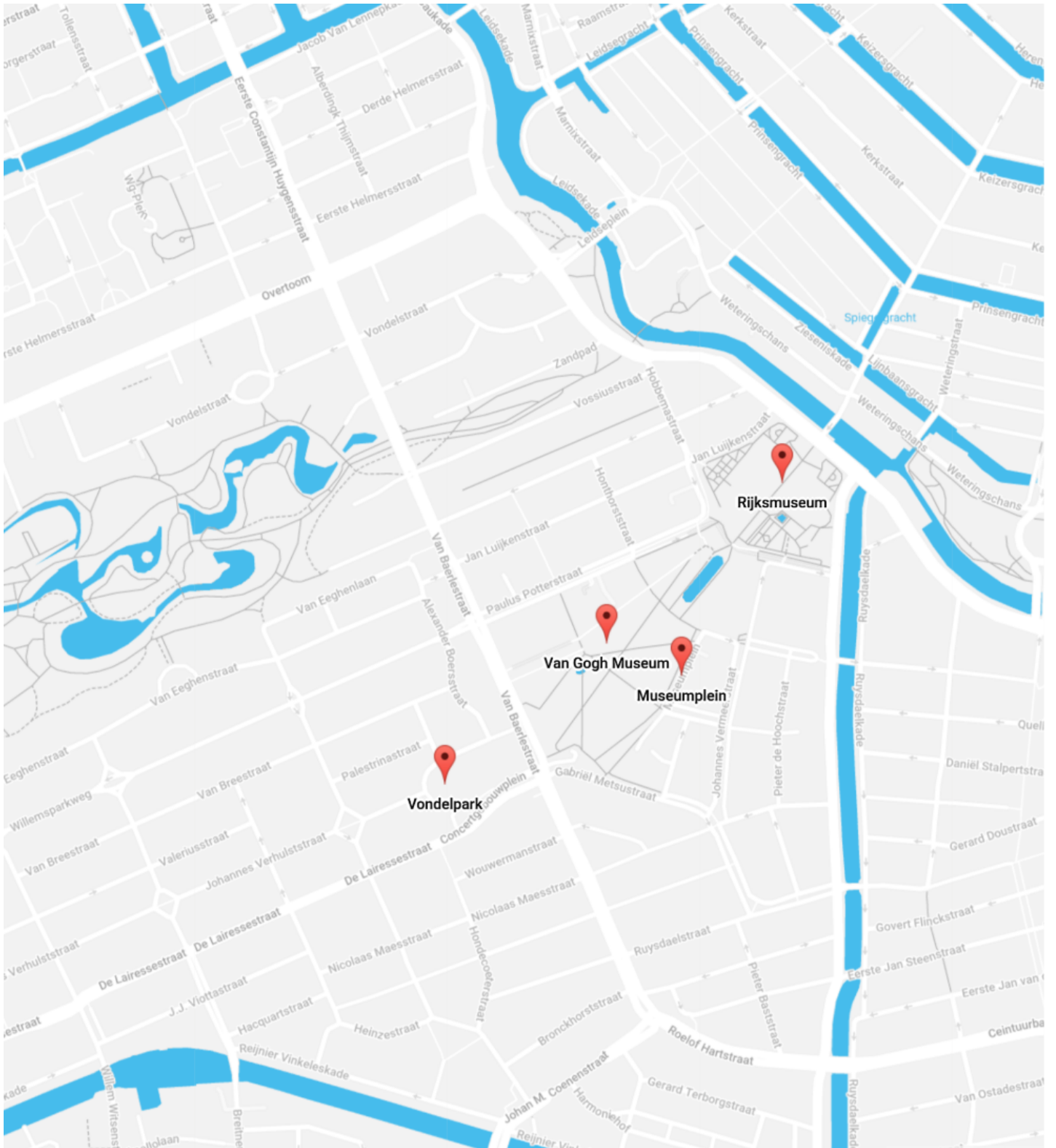
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### **Museumplein**

Museumplein, 1071 DJ Amsterdam, Netherlands

19:15

# Map for Day 1





## Day 2

09:00

### **Anne Frank House**

Westermarkt 20, 1016 GV Amsterdam, Netherlands

11:00

11:45

### **Jordaan**

Jordaan, Amsterdam, Netherlands

13:45

14:30

### **Flower Market**

Singel 630, 600 Amsterdam, Netherlands

16:30

17:15

### **City Canal Cruise**

Max Euweplein 44, 1071 BL Amsterdam, Netherlands

19:15

# Map for Day 2



## Day 3

09:00

### **Royal Palace Amsterdam**

Nieuwezijds Voorburgwal 147, 1012 RJ Amsterdam, Netherlands

11:00

11:45

### **Dam Square**

Dam, 1012 Amsterdam, Netherlands

13:45

14:30

### **Red light district Residence on ground floor**

Pieter Jacobszstraat 25, 1012 HL Amsterdam, Netherlands

16:30

17:15

### **A'DAM Lookout**

Overhoeksplein 5, 1031 KS Amsterdam, Netherlands

19:15

# Map for Day 3





# Spots



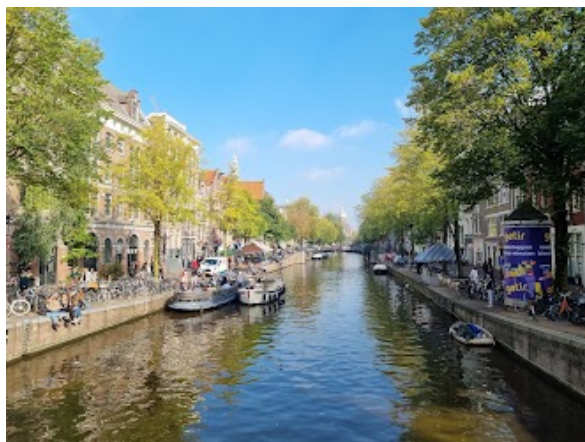
## Red light district Residence on ground floor

Pieter Jacobszstraat 25, 1012 HL Amsterdam, Netherlands

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**Phone:**

0700 149621



## City Canal Cruise

Max Euweplein 44, 1071 BL Amsterdam, Netherlands

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**Opening Hours:**

Monday: 9:00 AM - 5:00 PM

Tuesday: 9:00 AM - 5:00 PM

Wednesday: 9:00 AM - 5:00 PM

Thursday: 9:00 AM - 5:00 PM

Friday: 9:00 AM - 5:00 PM

Saturday: 9:00 AM - 5:00 PM

Sunday: 9:00 AM - 5:00 PM

**Phone:**

020 676 0302



## Amsterdam Museum

Amstel 51, 1018 EJ Amsterdam, Netherlands

### Summary:

Former orphanage with artwork, artifacts & interactive exhibitions tracing the city's history.

### Opening Hours:

Monday: 10:00 AM - 5:00 PM  
Tuesday: 10:00 AM - 5:00 PM  
Wednesday: 10:00 AM - 5:00 PM  
Thursday: 10:00 AM - 5:00 PM  
Friday: 10:00 AM - 5:00 PM  
Saturday: 10:00 AM - 5:00 PM  
Sunday: 10:00 AM - 5:00 PM

### Phone:

020 523 1822



## H'ART Museum (Hermitage Amsterdam)

Amstel 51, 1018 DR Amsterdam, Netherlands

### Opening Hours:

Monday: 10:00 AM - 5:00 PM  
Tuesday: 10:00 AM - 5:00 PM  
Wednesday: 10:00 AM - 5:00 PM  
Thursday: 10:00 AM - 5:00 PM  
Friday: 10:00 AM - 5:00 PM  
Saturday: 10:00 AM - 5:00 PM  
Sunday: 10:00 AM - 5:00 PM

### Phone:

020 530 8755



## A'DAM Lookout

Overhoeksplein 5, 1031 KS Amsterdam, Netherlands

### Summary:

Elevator with a light show to a 20-story rooftop with a restaurant/bar & an over-the-edge swing.

### Opening Hours:

Monday: 11:00 AM - 7:00 PM

Tuesday: 11:00 AM - 7:00 PM

Wednesday: 11:00 AM - 7:00 PM

Thursday: 11:00 AM - 7:00 PM

Friday: 10:00 AM - 9:00 PM

Saturday: 10:00 AM - 9:00 PM

Sunday: 10:00 AM - 9:00 PM

### Phone:

020 242 0100

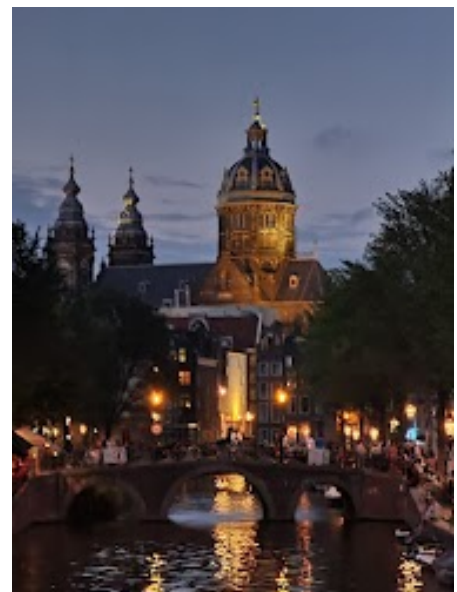


## De Wallen

De Wallen, 1012 Amsterdam, Netherlands

### Summary:

Amsterdam's medieval city center is home to a red-light district, as well as bars & coffee shops.





## Royal Palace Amsterdam

Nieuwezijds Voorburgwal 147, 1012 RJ Amsterdam, Netherlands

### Summary:

Grand residence for royal receptions since 1808, open to the public & exhibitions when not in use.

### Phone:

020 522 6161



## Jordaan

Jordaan, Amsterdam, Netherlands

### Summary:

Trendy neighborhood featuring boutiques, pubs & restaurants, plus several niche museums.



## Flower Market

Singel 630, 600 Amsterdam, Netherlands

### Opening Hours:

Monday: 9:00 AM - 5:30 PM

Tuesday: 9:00 AM - 5:30 PM

Wednesday: 9:00 AM - 5:30 PM

Thursday: 9:00 AM - 5:30 PM

Friday: 9:00 AM - 5:30 PM

Saturday: 9:00 AM - 5:30 PM

Sunday: 11:00 AM - 5:30 PM



## Westertoren

Prinsengracht 279a, 1016 GW Amsterdam, Netherlands

### Summary:

Guided tours are offered to the top of this historical church tower featuring sweeping city views.



## Passenger Terminal Amsterdam

Piet Heinkade 27, 1019 BR Amsterdam, Netherlands

### Opening Hours:

Monday: 9:00 AM - 5:00 PM

Tuesday: 9:00 AM - 5:00 PM

Wednesday: 9:00 AM - 5:00 PM

Thursday: 9:00 AM - 5:00 PM

Friday: 9:00 AM - 5:00 PM

Saturday: 9:00 AM - 5:00 PM

Sunday: 9:00 AM - 5:00 PM

### Phone:

020 509 1000



## Museumplein

Museumplein, 1071 DJ Amsterdam, Netherlands

### Summary:

Surrounded by major museums, this large public space also hosts summer concerts & a winter ice rink.



## **NDSM**

NDSM-Plein 90C, 1033 WB Amsterdam, Netherlands

### **Summary:**

Live music performances & other cultural events in an industrial setting with an eatery.

### **Opening Hours:**

Monday: Open 24 hours  
Tuesday: Open 24 hours  
Wednesday: Open 24 hours  
Thursday: Open 24 hours  
Friday: Open 24 hours  
Saturday: Open 24 hours  
Sunday: Open 24 hours



## **Anne Frank House**

Westermarkt 20, 1016 GV Amsterdam, Netherlands

### **Summary:**

Museum house where Anne Frank & her family hid from the Nazis in a secret annex, during WWII.

### **Opening Hours:**

Monday: 9:00 AM - 10:00 PM  
Tuesday: 9:00 AM - 10:00 PM  
Wednesday: 9:00 AM - 10:00 PM  
Thursday: 9:00 AM - 10:00 PM  
Friday: 9:00 AM - 10:00 PM  
Saturday: 9:00 AM - 10:00 PM  
Sunday: 9:00 AM - 10:00 PM

### **Phone:**

020 556 7105



## Begijnhof

Begijnhof 1, 1012 WS Amsterdam, Netherlands

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### Summary:

Former women's religious community, with houses & a serene courtyard dating to the 14th century.

### Opening Hours:

Monday: 9:30 AM - 6:00 PM

Tuesday: 9:30 AM - 6:00 PM

Wednesday: 9:30 AM - 6:00 PM

Thursday: 9:30 AM - 6:00 PM

Friday: 9:30 AM - 6:00 PM

Saturday: 9:30 AM - 6:00 PM

Sunday: 9:30 AM - 6:00 PM

### Phone:

020 622 1918



## Heineken Experience

Stadhouderskade 78, 1072 AE Amsterdam, Netherlands

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### Summary:

Interactive tour through beer giant's history in former brewery, with a tasting room finale.

### Opening Hours:

Monday: 10:30 AM - 7:30 PM

Tuesday: 10:30 AM - 7:30 PM

Wednesday: 10:30 AM - 7:30 PM

Thursday: 10:30 AM - 7:30 PM

Friday: 10:30 AM - 9:00 PM

Saturday: 10:30 AM - 9:00 PM

Sunday: 10:30 AM - 7:30 PM

### Phone:

020 721 5300



## Dam Square

Dam, 1012 Amsterdam, Netherlands



## Foodhallen

Hannie Dankbaarpassage 16, 1053 RT Amsterdam, Netherlands

### Summary:

Hip, cavernous space with stalls prepping global foods from burgers & hot dogs to dumplings & tacos.

### Opening Hours:

Monday: 12:00 PM - 12:00 AM

Tuesday: 12:00 PM - 12:00 AM

Wednesday: 12:00 PM - 12:00 AM

Thursday: 12:00 PM - 12:00 AM

Friday: 12:00 PM - 1:00 AM

Saturday: 12:00 PM - 1:00 AM

Sunday: 12:00 PM - 12:00 AM



## Albert Cuyp Market

Albert Cuypstraat, 1072 VN Amsterdam, Netherlands

### Opening Hours:

Monday: 9:30 AM - 5:00 PM

Tuesday: 9:30 AM - 5:00 PM

Wednesday: 9:30 AM - 5:00 PM

Thursday: 9:30 AM - 5:00 PM

Friday: 9:30 AM - 5:00 PM

Saturday: 9:30 AM - 5:00 PM

Sunday: Closed



## Vondelpark

1071 Amsterdam, Netherlands

### Summary:

Expansive, 19th-century urban park with a playground, ponds & an open-air theater.



## Rijksmuseum

Museumstraat 1, 1071 XX Amsterdam, Netherlands

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### Summary:

19th-century building housing Dutch Golden Age painting masterpieces & vast European art collection.

### Opening Hours:

Monday: 9:00 AM - 5:00 PM

Tuesday: 9:00 AM - 5:00 PM

Wednesday: 9:00 AM - 5:00 PM

Thursday: 9:00 AM - 5:00 PM

Friday: 9:00 AM - 5:00 PM

Saturday: 9:00 AM - 5:00 PM

Sunday: 9:00 AM - 5:00 PM

### Phone:

020 674 7000



## Van Gogh Museum

Museumplein 6, 1071 DJ Amsterdam, Netherlands

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### Summary:

Museum housing the world's largest collection of Van Gogh paintings, alongside drawings & letters.

### Opening Hours:

Monday: 9:00 AM - 5:00 PM

Tuesday: 9:00 AM - 5:00 PM

Wednesday: 9:00 AM - 5:00 PM

Thursday: 9:00 AM - 5:00 PM

Friday: 9:00 AM - 9:00 PM

Saturday: 9:00 AM - 5:00 PM

Sunday: 9:00 AM - 5:00 PM

### Phone:

020 570 5200





## The Pancake Bakery

Prinsengracht 191, 1015 DS Amsterdam, Netherlands

### Summary:

Massive sweet & savory pancakes are served up at this 2-storey converted warehouse with canal views.

### Opening Hours:

Monday: 9:00 AM - 8:30 PM

Tuesday: 9:00 AM - 8:30 PM

Wednesday: 9:00 AM - 8:30 PM

Thursday: 9:00 AM - 8:30 PM

Friday: 9:00 AM - 9:00 PM

Saturday: 9:00 AM - 9:00 PM

Sunday: 9:00 AM - 8:30 PM

### Phone:

020 625 1333



## Hortus Botanicus

Plantage Middenlaan 2a, 1018 DD Amsterdam, Netherlands

### Summary:

Compact botanical gardens, originally planted in 1682, with formal outdoor & greenhouse sections.

### Opening Hours:

Monday: 10:00 AM - 5:00 PM

Tuesday: 10:00 AM - 5:00 PM

Wednesday: 10:00 AM - 5:00 PM

Thursday: 10:00 AM - 5:00 PM

Friday: 10:00 AM - 5:00 PM

Saturday: 10:00 AM - 5:00 PM

Sunday: 10:00 AM - 5:00 PM

### Phone:

020 625 9021