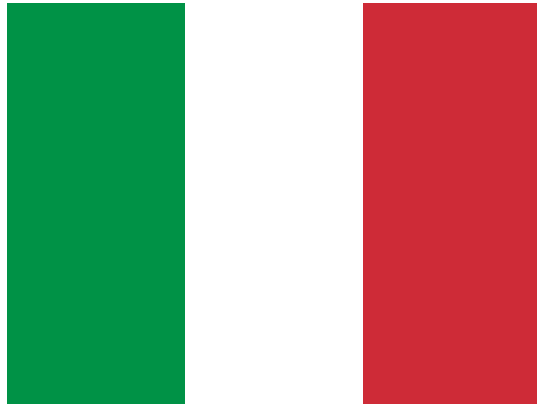




3-day Rome Itinerary



Rome



Rome: The Eternal City's Ancient Wonders and Modern Charm

Welcome to Rome, Italy's magnificent capital, where ancient history meets contemporary life. This comprehensive 3-day guide will take you through the city's remarkable landmarks, artistic treasures, and vibrant culture, perfect for first-time visitors.

Historical Overview

Rome's history spans over two and a half millennia, from its legendary founding by Romulus and Remus to its role as the heart of the Roman Empire and the center of the Catholic Church. Today, it stands as a living museum where every street tells a story of civilization's greatest achievements.

Iconic Landmarks

- The Colosseum: The world's largest ancient amphitheater, symbol of Imperial Rome.
- Roman Forum: The heart of ancient Rome's political and social life.
- St. Peter's Basilica: The center of the Catholic Church and a masterpiece of Renaissance architecture.
- Vatican Museums: Home to countless artistic masterpieces and the Sistine Chapel.

Cultural Treasures

- Borghese Gallery: Housing masterpieces by Bernini, Caravaggio, and other Italian masters.
- Palatine Hill: The birthplace of Rome and home to imperial palaces.
- Piazza Venezia: The central hub of Rome, featuring the magnificent Vittoriano monument.

Charming Neighborhoods

- Trastevere: A medieval neighborhood known for its narrow cobblestone streets and authentic Roman atmosphere.
- Vatican City: The world's smallest sovereign state and center of Catholicism.

- Historic Center: A UNESCO World Heritage site filled with monuments, fountains, and piazzas.

Roman Lifestyle

- Cuisine: Savor authentic Roman pasta dishes, pizza, and gelato.
- Café Culture: Experience the Italian tradition of espresso at historic cafés.
- Shopping: From designer boutiques to artisanal crafts and antiques.

Green Spaces

- Villa Borghese: Rome's most famous park, perfect for relaxation and cultural visits.
- Pincio Terrace: Offering breathtaking views over Piazza del Popolo and the city.

Practical Travel Tips

- Transportation: Use the Metro system and comfortable walking shoes for exploring.
- Best Times to Visit: Spring (March-May) or Fall (September-November) for mild weather.
- Language: Basic Italian phrases are helpful; English is widely spoken in tourist areas.
- Safety: Rome is generally safe; be aware of pickpockets in crowded tourist spots.

3-Day Itinerary Highlights

Day 1: Colosseum, Roman Forum, Palatine Hill, Piazza Venezia

Day 2: Vatican Museums, St. Peter's Basilica, Castel Sant'Angelo, Piazza Navona

Day 3: Borghese Gallery, Villa Borghese, Pincio Terrace, Trastevere

This guide presents a curated selection of over 30 locations, allowing you to customize your Roman experience. Each stop reveals another layer of the city's rich history and vibrant present.

Rome is more than just a destination; it's a journey through time where ancient wonders stand alongside bustling modern life. As you walk the same streets that

emperors and artists once trod, you'll discover why Rome is truly the Eternal City.



Itinerary Preview

3 days

DAY 01

Colosseum

Roman Forum

Palatine Hill

Piazza Venezia

DAY 02

Vatican Museums

St. Peter's Basilica

Castel Sant'Angelo

Piazza Navona

DAY 03

Galleria Borghese

Villa Borghese

Terrazza del Pincio

Trastevere





Daily Events



Day 1

09:00

Colosseum

Piazza del Colosseo, 1, 00184 Roma RM, Italy

11:00

11:45

Roman Forum

00186 Rome, Metropolitan City of Rome Capital, Italy

13:45

14:30

Palatine Hill

Palatine Hill, 00186 Rome, Metropolitan City of Rome Capital, Italy

16:30

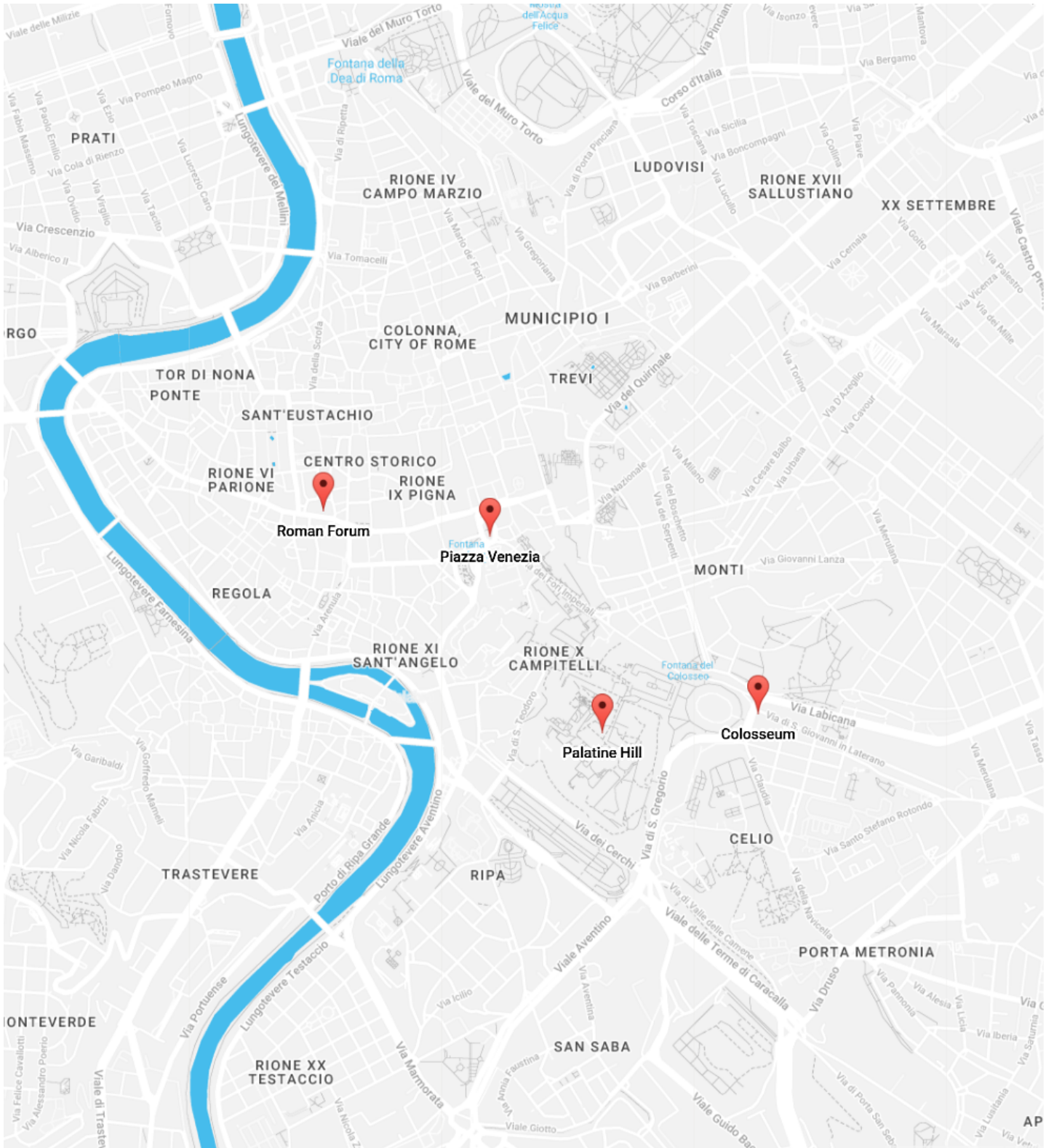
17:15

Piazza Venezia

Piazza Venezia, Roma RM, Italy

19:15

Map for Day 1



Day 2

09:00

Vatican Museums

00120, Vatican City

11:00

12:00

St. Peter's Basilica

Piazza San Pietro, 00120 Città del Vaticano, Vatican City

14:00

14:45

Castel Sant'Angelo

Lungotevere Castello, 50, 00193 Roma RM, Italy

16:45

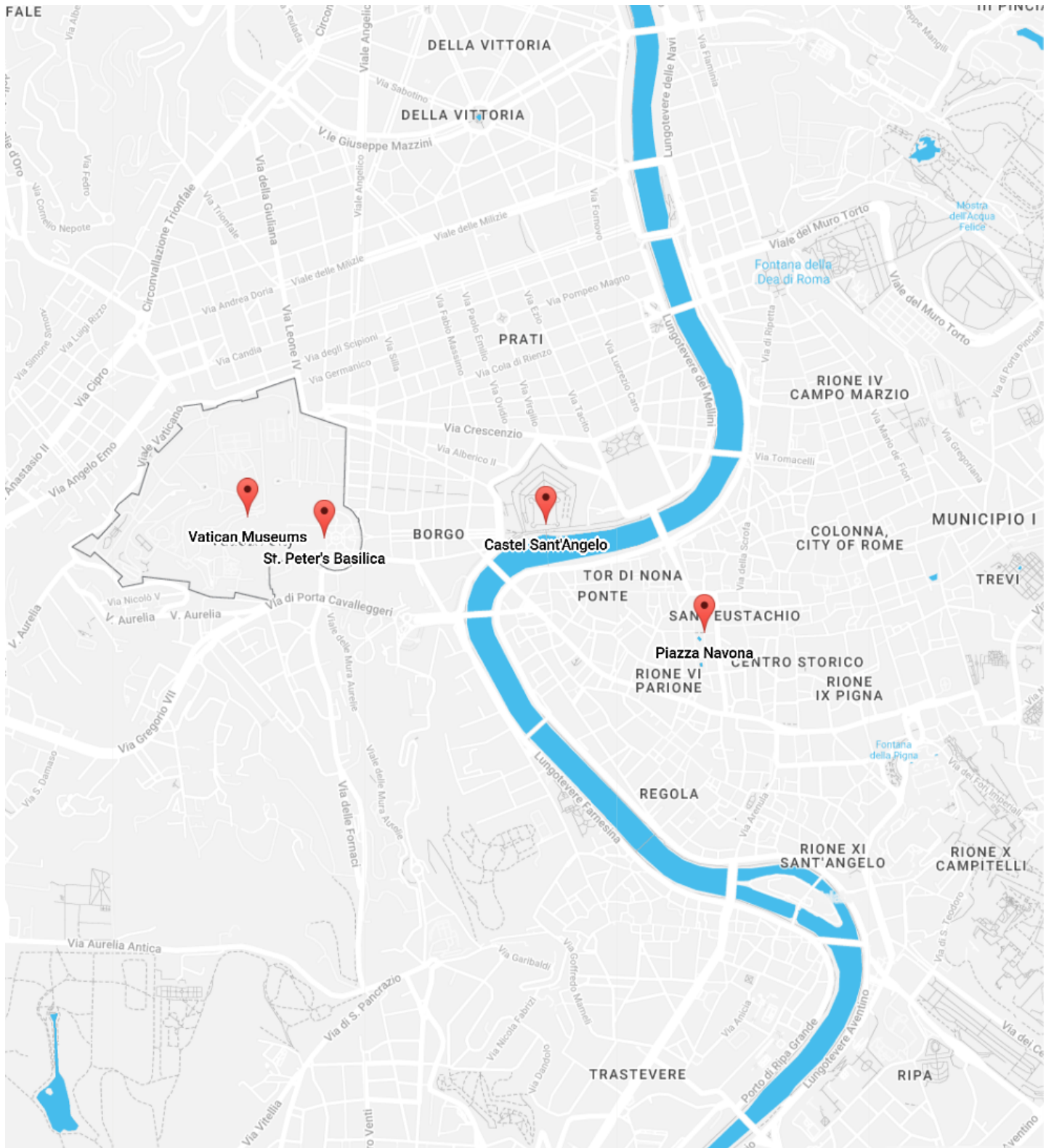
17:45

Piazza Navona

Piazza Navona, 00186 Roma RM, Italy

20:00

Map for Day 2



Day 3

09:00

Galleria Borghese

Piazzale Scipione Borghese, 5, 00197 Roma RM, Italy

11:00

11:45

Villa Borghese

00197 Rome, Metropolitan City of Rome Capital, Italy

13:45

14:30

Terrazza del Pincio

Piazza del Popolo, 19, 00187 Roma RM, Italy

16:30

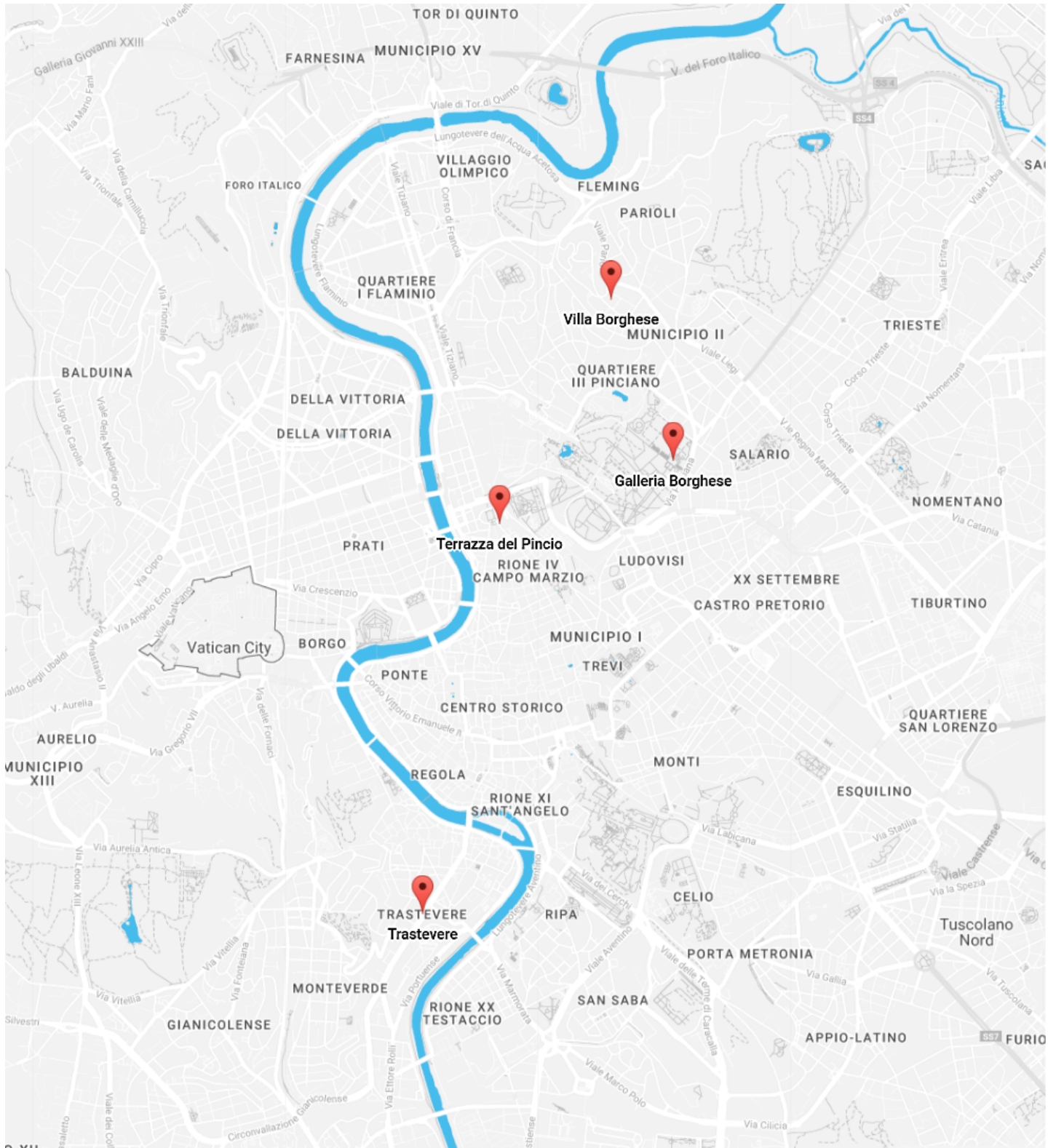
17:30

Trastevere

Trastevere, Rome, Metropolitan City of Rome Capital, Italy

19:30

Map for Day 3





Spots



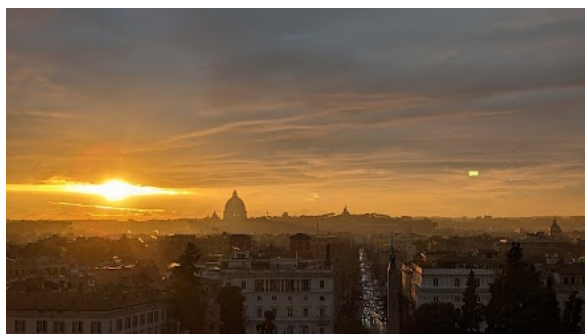
Terrazza del Pincio

Piazza del Popolo, 19, 00187 Roma RM, Italy



Salita del Pincio

Salita del Pincio, 00197 Roma RM, Italy



Gardens of Vatican City

WC2X+RG, Via Paolo VI, 29, 00120 Città del Vaticano, Vatican City

Summary:

Urban green spaces dating from the 13th century with Renaissance & Baroque fountains & sculptures.

Opening Hours:

Monday: 9:00 AM - 6:00 PM

Tuesday: 9:00 AM - 6:00 PM

Wednesday: 9:00 AM - 6:00 PM

Thursday: 9:00 AM - 6:00 PM

Friday: 9:00 AM - 6:00 PM

Saturday: 9:00 AM - 6:00 PM

Sunday: Closed

Phone:

06 6988 4676



Basilica of San Giovanni in Laterano

P.za. San Giovanni In Laterano, 00184 Roma RM, Italy

Summary:

Landmark cathedral, the Pope's official seat, with ornate 1700s facade & statues of the Apostles.

Opening Hours:

Monday: 7:30 AM - 6:30 PM

Tuesday: 7:30 AM - 6:30 PM

Wednesday: 7:30 AM - 6:30 PM

Thursday: 7:30 AM - 6:30 PM

Friday: 7:30 AM - 6:30 PM

Saturday: 7:30 AM - 6:30 PM

Sunday: 7:30 AM - 6:30 PM

Phone:

06 6988 6433



Ostia Antica

00119 Ostia Antica RM, Italy



Viale dei Colli Portuensi

Viale dei Colli Portuensi, Roma RM, Italy



Porta Maggiore

Piazza di Porta Maggiore, 00182 Roma RM, Italy

Summary:

Double-arched gateway, in Rome's 3rd-century city wall, with 2 aqueducts & a Latin inscription.



Basilica of San Clemente

Piazza di S. Clemente, 00184 Roma RM, Italy

Summary:

Unique 300s church built over a pagan temple & Roman house, decorated with frescoes & mosaics.

Opening Hours:

Monday: 9:00 AM - 12:30 PM, 2:00 - 5:30 PM
Tuesday: 9:00 AM - 12:30 PM, 2:00 - 5:30 PM
Wednesday: 9:00 AM - 12:30 PM, 2:00 - 5:30 PM
Thursday: 9:00 AM - 12:30 PM, 2:00 - 5:30 PM
Friday: 9:00 AM - 12:30 PM, 2:00 - 5:30 PM
Saturday: 9:00 AM - 12:30 PM, 2:00 - 5:30 PM
Sunday: 12:00 - 5:30 PM

Phone:

06 774 0021



Janiculum Hill

Municipio I, 00165 Roma RM, Italy

Summary:

This historic, well-known hilltop terrace offers panoramic views of Rome.

Opening Hours:

Monday: Open 24 hours

Tuesday: Open 24 hours

Wednesday: Open 24 hours

Thursday: Open 24 hours

Friday: Open 24 hours

Saturday: Open 24 hours

Sunday: Open 24 hours

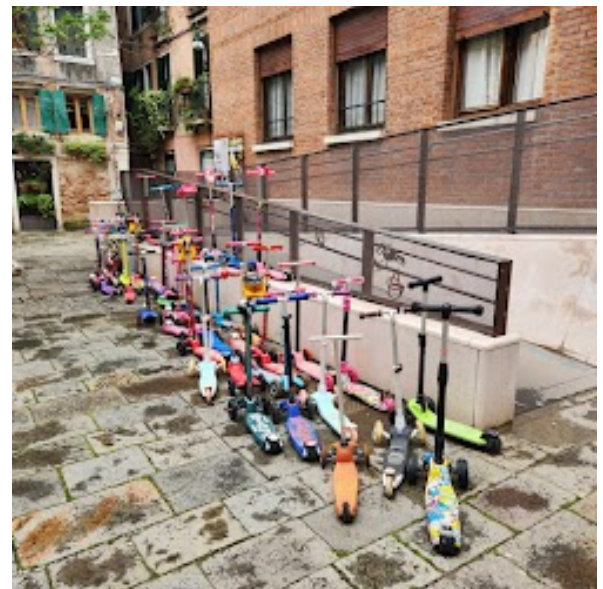
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Jewish Ghetto

Piazza Mattei, 5, 00186 Roma RM, Italy



Circus Maximus

00186 Rome, Metropolitan City of Rome Capital, Italy

Summary:

Green space & remains of a stone & marble arena that could seat 250,000 Romans for chariot races.

Phone:

06 0608



Bioparco di Roma

Piazzale del, V.le del Giardino Zoologico, 1, 00197 Roma RM, Italy

Summary:

Zoo with elephants & Komodo dragons, animal feeding sessions, a theater & summer camp for children.

Opening Hours:

Monday: 9:30 AM - 5:00 PM

Tuesday: 9:30 AM - 5:00 PM

Wednesday: 9:30 AM - 5:00 PM

Thursday: 9:30 AM - 5:00 PM

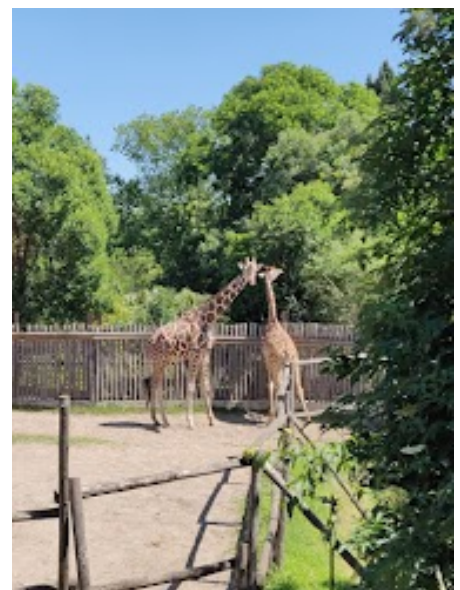
Friday: 9:30 AM - 5:00 PM

Saturday: 9:30 AM - 5:00 PM

Sunday: 9:30 AM - 5:00 PM

Phone:

06 360 8211



Largo di Torre Argentina

Largo di Torre Argentina, 00186 Roma RM, Italy



Capitoline Museums

Piazza del Campidoglio, 1, 00186 Roma RM, Italy

Summary:

Classical Roman, Greek & Egyptian sculptures & Renaissance art in Michelangelo-designed palaces.

Opening Hours:

Monday: 9:30 AM - 7:30 PM

Tuesday: 9:30 AM - 7:30 PM

Wednesday: 9:30 AM - 7:30 PM

Thursday: 9:30 AM - 7:30 PM

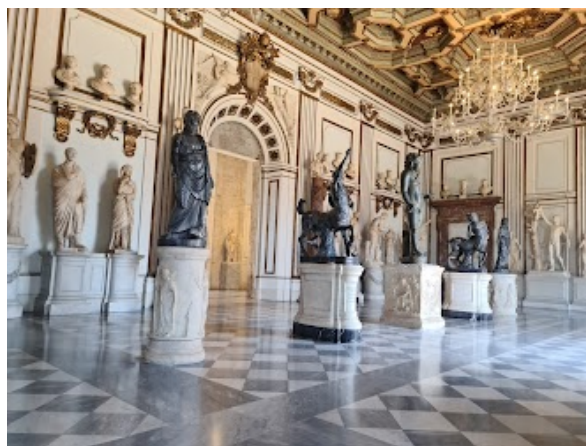
Friday: 9:30 AM - 7:30 PM

Saturday: 9:30 AM - 7:30 PM

Sunday: 9:30 AM - 7:30 PM

Phone:

06 0608



Aventine Hill

Aventine Hill, 00153 Rome, Metropolitan City of Rome Capital, Italy

Summary:

One of the 7 hills of ancient Rome, popular for its view of Saint Peter's dome through a keyhole.



Papal Basilica of Saint Mary Major

P.za di Santa Maria Maggiore, 00100 Roma RM, Italy

Summary:

Landmark papal basilica founded in the 5th century & known for its Roman mosaics & gilded ceiling.

Opening Hours:

Monday: 7:00 AM - 6:30 PM

Tuesday: 7:00 AM - 6:30 PM

Wednesday: 7:00 AM - 6:30 PM

Thursday: 7:00 AM - 6:30 PM

Friday: 7:00 AM - 6:30 PM

Saturday: 7:00 AM - 6:30 PM

Sunday: 7:00 AM - 6:30 PM

Phone:

06 6988 6800



Casina Farnese

Via Sacra, 00186 Roma RM, Italy



Trevi Fountain

Piazza di Trevi, 00187 Roma RM, Italy

Summary:

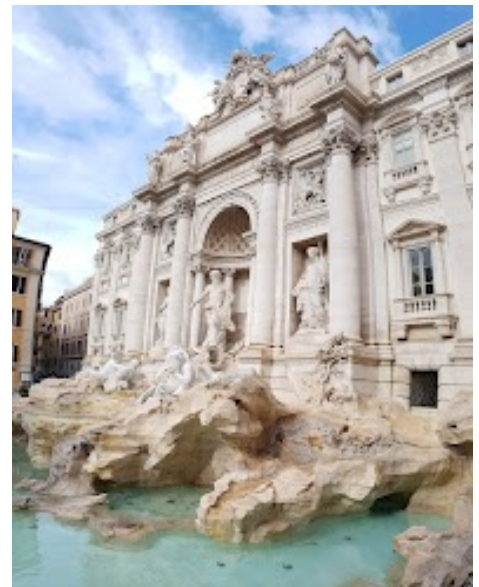
Aqueduct-fed rococo fountain, designed by Nicola Salvi & completed in 1762, with sculpted figures.

Opening Hours:

Monday: Open 24 hours
Tuesday: Open 24 hours
Wednesday: Open 24 hours
Thursday: Open 24 hours
Friday: Open 24 hours
Saturday: Open 24 hours
Sunday: Open 24 hours

Phone:

06 0608



Gallerie Nazionali di Arte Antica - Palazzo Barberini

Via delle Quattro Fontane, 13, 00184 Roma RM, Italy

Summary:

Baroque palace with renowned collection of artworks by Tintoretto, El Greco, Caravaggio & more.

Opening Hours:

Monday: Closed

Tuesday: 10:00 AM - 7:00 PM

Wednesday: 10:00 AM - 7:00 PM

Thursday: 10:00 AM - 7:00 PM

Friday: 10:00 AM - 7:00 PM

Saturday: 10:00 AM - 7:00 PM

Sunday: 10:00 AM - 7:00 PM

Phone:

06 482 4184



Trastevere

Trastevere, Rome, Metropolitan City of Rome Capital, Italy



Testaccio market

Via Aldo Manuzio, 66b, 00153 Roma RM, Italy

Summary:

Glass-roofed market on a Roman archeological site with 100+ gourmet & fresh food stalls & more.

Opening Hours:

Monday: 7:00 AM - 2:30 PM

Tuesday: 7:00 AM - 2:30 PM

Wednesday: 7:00 AM - 2:30 PM

Thursday: 7:00 AM - 2:30 PM

Friday: 7:00 AM - 2:30 PM

Saturday: 7:00 AM - 3:30 PM

Sunday: Closed



Via del Corso

Via del Corso, 00187 Roma RM, Italy

Summary:

Main street in Rome's historic center with shops, baroque churches, public squares & monuments.



Campo de' Fiori

Campo de' Fiori, 00186 Roma RM, Italy

Summary:

Named for its origin as a flower meadow, this square features a philosopher monument & daily market.



Spanish Steps

Piazza di Spagna, 00187 Roma RM, Italy

Summary:

Steps with irregular butterfly-shaped design, built in 18th century at French diplomat's bequest.



Piazza del Popolo

Piazza del Popolo, Roma RM, Italy



Galleria Doria Pamphilj

Via del Corso, 305, 00186 Roma RM, Italy

Summary:

Art by Rubens and Titian, plus ornate furniture and tapestries in palatial, 18th-century apartments.

Opening Hours:

Monday: 9:00 AM - 7:00 PM

Tuesday: 9:00 AM - 7:00 PM

Wednesday: 9:00 AM - 7:00 PM

Thursday: 9:00 AM - 7:00 PM

Friday: 10:00 AM - 8:00 PM

Saturday: 10:00 AM - 8:00 PM

Sunday: 10:00 AM - 8:00 PM

Phone:

06 679 7323



Piazza Venezia

Piazza Venezia, Roma RM, Italy

Summary:

Landmark central hub of Rome, with Italy's Tomb of the Unknown Soldier & a monument to its 1st king.



Castel Sant'Angelo

Lungotevere Castello, 50, 00193 Roma RM, Italy

Summary:

Circular, 2nd-century castle housing furniture & paintings collections in Renaissance apartments.

Opening Hours:

Monday: Closed

Tuesday: 9:00 AM - 7:30 PM

Wednesday: 9:00 AM - 7:30 PM

Thursday: 9:00 AM - 7:30 PM

Friday: 9:00 AM - 7:30 PM

Saturday: 9:00 AM - 7:30 PM

Sunday: 9:00 AM - 7:30 PM

Phone:

06 681 9111



St. Peter's Basilica

Piazza San Pietro, 00120 Città del Vaticano, Vatican City

Summary:

Late Renaissance church by architects including Michelangelo & holding up to 20,000 worshippers.

Phone:

06 6982



Palatine Hill

Palatine Hill, 00186 Rome, Metropolitan City of Rome Capital, Italy

Summary:

Legendary founding site of the city & home to ruins of Roman Imperial palaces, temples & baths.



Roman Forum

00186 Rome, Metropolitan City of Rome Capital, Italy

Summary:

Vast excavated area of Roman temples, squares & government buildings, some dating back 2,000 years.

Opening Hours:

Monday: 9:00 AM - 4:30 PM

Tuesday: 9:00 AM - 4:30 PM

Wednesday: 9:00 AM - 4:30 PM

Thursday: 9:00 AM - 4:30 PM

Friday: 9:00 AM - 4:30 PM

Saturday: 9:00 AM - 4:30 PM

Sunday: 9:00 AM - 4:30 PM

Phone:

06 2111 5843



Galleria Borghese

Piazzale Scipione Borghese, 5, 00197 Roma RM, Italy

Summary:

Villa housing 15th- to 18th-century artworks with pieces by Bernini & Caravaggio. Booking essential.

Opening Hours:

Monday: Closed

Tuesday: 9:00 AM - 7:00 PM

Wednesday: 9:00 AM - 7:00 PM

Thursday: 9:00 AM - 7:00 PM

Friday: 9:00 AM - 7:00 PM

Saturday: 9:00 AM - 7:00 PM

Sunday: 9:00 AM - 7:00 PM

Phone:

06 841 3979



Villa Borghese

00197 Rome, Metropolitan City of Rome Capital, Italy

Summary:

Vast urban park with formally landscaped gardens, a lake & villas now housing important museums.

Phone:

06 0608



Colosseum

Piazza del Colosseo, 1, 00184 Roma RM, Italy

Summary:

Monumental 3-tiered Roman amphitheater once used for gladiatorial games, with guided tour option.

Opening Hours:

Monday: 8:30 AM - 4:30 PM

Tuesday: 8:30 AM - 4:30 PM

Wednesday: 8:30 AM - 4:30 PM

Thursday: 8:30 AM - 4:30 PM

Friday: 8:30 AM - 4:30 PM

Saturday: 8:30 AM - 4:30 PM

Sunday: 8:30 AM - 4:30 PM

Phone:

06 2111 5843



Piazza Navona

Piazza Navona, 00186 Roma RM, Italy

Summary:

Elegant square dating from the 1st century A.D., with a baroque fountain, street artists & bars.

Opening Hours:

Monday: Open 24 hours
Tuesday: Open 24 hours
Wednesday: Open 24 hours
Thursday: Open 24 hours
Friday: Open 24 hours
Saturday: Open 24 hours
Sunday: Open 24 hours



Vatican Museums

00120, Vatican City

Summary:

Multiple galleries of classical & Renaissance art masterpieces, plus the Sistine Chapel frescoes.

Opening Hours:

Monday: 8:00 AM - 7:00 PM
Tuesday: 8:00 AM - 7:00 PM
Wednesday: 8:00 AM - 7:00 PM
Thursday: 8:00 AM - 7:00 PM
Friday: 8:00 AM - 8:00 PM
Saturday: 8:00 AM - 8:00 PM
Sunday: Closed

Phone:

06 6988 4676

