

# Stockholm: A Captivating Blend of History and Modernity

Welcome to Stockholm, Sweden's enchanting capital, where centuries-old charm meets contemporary flair. This comprehensive 3-day guide will immerse you in the city's rich heritage, stunning architecture, and vibrant cultural scene, making it the perfect destination for first-time visitors.

#### **Historical Overview**

Stockholm has a long and storied history, dating back to the 13th century when it was founded as a coastal trading hub. Over the centuries, the city has evolved into a thriving metropolis, seamlessly blending its medieval roots with modern-day innovations. From the well-preserved Old Town to the cutting-edge design districts, Stockholm's past and present coexist in harmony.

#### **Iconic Landmarks**

- Vasa Museum: Home to the remarkably well-preserved 17th-century Vasa warship, a must-visit for history enthusiasts.
- Skansen Open-Air Museum: The world's oldest open-air museum, showcasing traditional Swedish architecture and lifestyle.
- Djurgården Park: A picturesque island oasis offering lush greenery, cultural attractions, and a peaceful respite from the city.
- Östermalm Market Hall: A vibrant indoor market showcasing the best of Swedish cuisine and local delicacies.

### **Charming Neighborhoods**

- Gamla Stan (Old Town): A well-preserved medieval town with winding cobblestone streets, historic buildings, and quaint cafés.
- Södermalm District: A trendy and hip neighborhood known for its independent shops, art galleries, and lively nightlife.
- Norrmalm: The city's central business and shopping district, home to the iconic Kulturhuset Stadsteatern.

#### Stockholm's Royalty

• Royal Palace: The official residence of the Swedish royal family, offering

guided tours and access to opulent interiors.

• Riddarholmen Church: A stunning 13th-century church that serves as the final resting place for Swedish monarchs.

#### **Scenic Viewpoints**

• Monteliusvagen Viewpoint: A scenic walkway offering panoramic vistas of the city and the Baltic Sea.

# **Practical Travel Tips**

- Transportation: Take advantage of Stockholm's extensive public transportation system, including the metro, buses, and ferries.
- Best Times to Visit: Summer (June-August) for warm weather and longer daylight hours, or winter (December-February) for a magical, snow-covered experience.
- Language: While Swedish is the official language, English is widely spoken, especially in tourist areas.
- Safety: Stockholm is considered a safe city, but as with any major destination, remain vigilant against petty crime.

#### 3-Day Itinerary Highlights

Day 1: Vasa Museum, Skansen Open-Air Museum, Djurgården Park, Östermalm Market Hall

Day 2: Gamla Stan (Old Town), Stockholm Cathedral, Norrmalmstorg Square, Kulturhuset Stadsteatern

Day 3: Royal Palace, Riddarholmen Church, Monteliusvagen Viewpoint, Södermalm District

This guide presents a carefully curated selection of over 30 locations, allowing you to tailor your Stockholm experience to your interests. From historical landmarks to trendy neighborhoods, each stop offers a unique glimpse into the city's vibrant culture and rich heritage.

Stockholm is a city that captivates the senses, from the aroma of freshly baked cinnamon buns to the breathtaking views of the archipelago. As you navigate its charming streets, immerse yourself in the local traditions, and uncover its hidden

gems, you'll discover why Stockholm is a true jewel of Scandinavia.

Let this dynamic city inspire your wanderlust and create unforgettable memories during your journey. Enjoy your adventure in Stockholm!

# **Itinerary Preview**

3 days

Vasa Museum

Skansen

**DAY** 01

Royal Djurgården

Östermalms Food Hall

Gamla stan

**DAY** 

Storkyrkan

02

Norrmalmstorg

Stockholm City Theatre

The Royal Palace

**DAY** 

Riddarholmen Church

03

Monteliusvägen

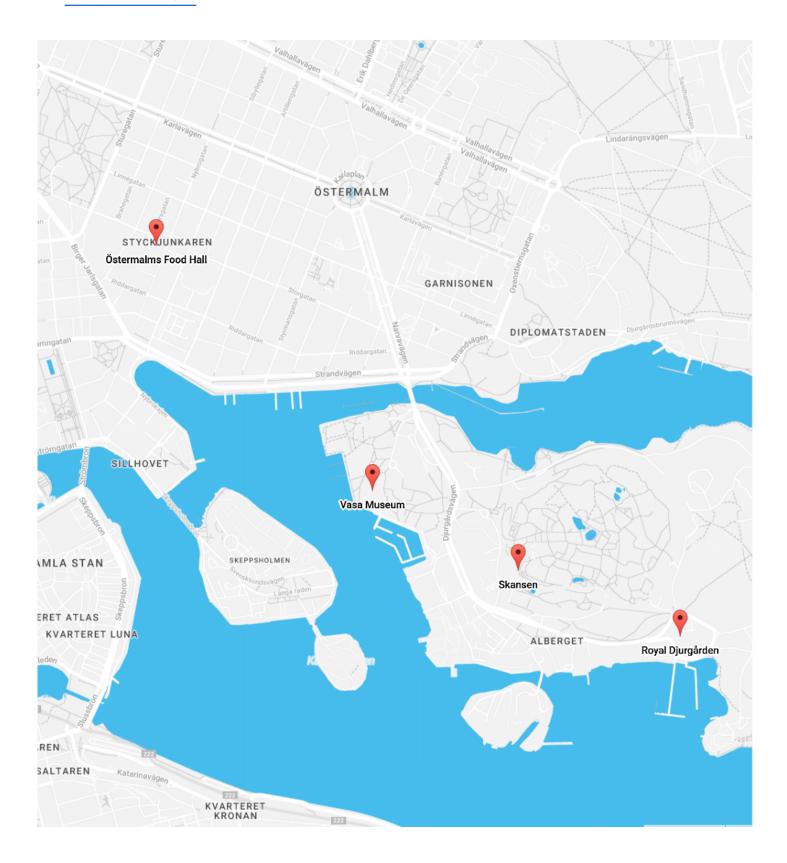
Södermalm



# **Daily Events**

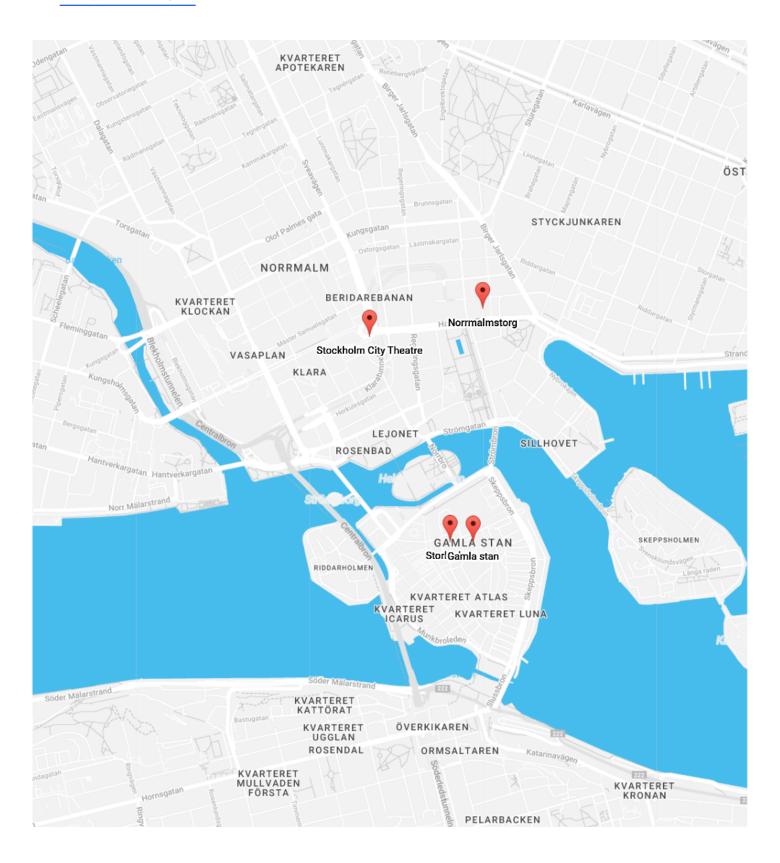
09:00	Vasa Museum
	Galärvarvsvägen 14, 115 21 Stockholm, Sweden
11:00	
11:45	Skansen
	Djurgårdsslätten 49-51, 115 21 Stockholm, Sweden
13:45	
14:30	Royal Djurgården
	Stockholm, 115 21 Stockholm, Sweden
16:30	
17:15	Östermalms Food Hall
	Östermalmstorg 31, 114 39 Stockholm, Sweden
19:15	

# Map for Day 1



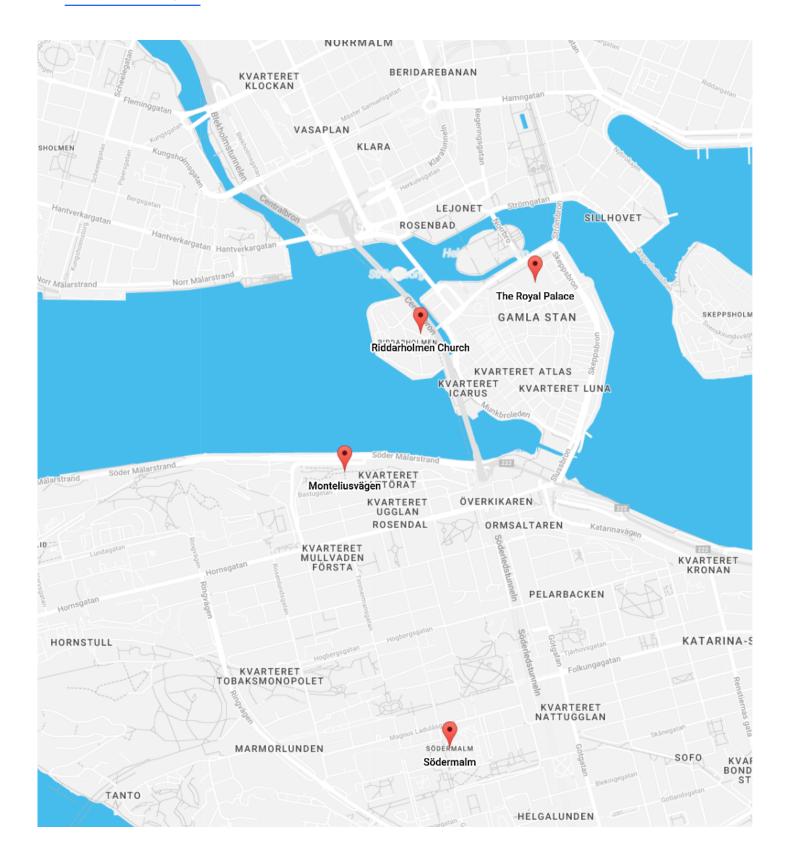
09:00 Gamla stan Gamla stan, Södermalm, Stockholm, Sweden 11:00 11:45 Storkyrkan Trångsund 1, 111 29 Stockholm, Sweden 13:45 **Norrmalmstorg** 14:30 Norrmalmstorg, Stockholm, Sweden 16:30 17:15 **Stockholm City Theatre** Sergels Torg Norrmalm, 111 57 Stockholm, Sweden 19:15

# Map for Day 2



09:00 **The Royal Palace** Kungliga slottet, 107 70 Stockholm, Sweden 11:00 11:45 **Riddarholmen Church** Birger Jarls Torg 2, 112 28 Stockholm, Sweden 13:45 Monteliusvägen 14:30 Monteliusvägen, 118 25 Stockholm, Sweden 16:30 17:15 Södermalm Södermalm, Stockholm, Sweden 19:15

# Map for Day 3





# **Spots**



# Södermalm

# Södermalm, Stockholm, Sweden



# Solparken

Oskarsvägen, 172 76 Sundbyberg, Sweden

# **Opening Hours:**

Monday: Open 24 hours Tuesday: Open 24 hours Wednesday: Open 24 hours Thursday: Open 24 hours Friday: Open 24 hours Saturday: Open 24 hours Sunday: Open 24 hours



# **Odenplan**

Odenplan, 113 27 Stockholm, Sweden

### **Summary:**

Public square & transit hub used as a location for hit Swedish movies like "The Man On The Roof."

# **Opening Hours:**

Monday: Open 24 hours Tuesday: Open 24 hours Wednesday: Open 24 hours Thursday: Open 24 hours Friday: Open 24 hours Saturday: Open 24 hours Sunday: Open 24 hours



# Skrapan

Götgatan 78, 118 30 Stockholm, Sweden

#### **Summary:**

Shopping mall with specialty stores, coffee shops & a top-floor restaurant with city views.

# **Opening Hours:**

Monday: 10:00 AM - 7:00 PM Tuesday: 10:00 AM - 7:00 PM Wednesday: 10:00 AM - 7:00 PM Thursday: 10:00 AM - 7:00 PM Friday: 10:00 AM - 7:00 PM Saturday: 11:00 AM - 6:00 PM Sunday: 12:00 - 5:00 PM



# Stureplan

Stureplan, Östermalm, Stockholm, Sweden



# Langholmen Dog Beach

Långholmsbacken 9, 117 33 Stockholm, Sweden

# **Opening Hours:**

Monday: Open 24 hours Tuesday: Open 24 hours Wednesday: Open 24 hours Thursday: Open 24 hours Friday: Open 24 hours Saturday: Open 24 hours Sunday: Open 24 hours



# **Vete-Katten**

Kungsgatan 55, 111 22 Stockholm, Sweden

# **Summary:**

Genteel, 1920s-style cafe for self-serve lunches & pastries, snacks, coffee & afternoon tea.

# **Opening Hours:**

Monday: 7:30 AM - 8:00 PM Tuesday: 7:30 AM - 8:00 PM Wednesday: 7:30 AM - 8:00 PM Thursday: 7:30 AM - 8:00 PM Friday: 7:30 AM - 8:00 PM Saturday: 9:00 AM - 7:00 PM Sunday: 9:00 AM - 7:00 PM

#### Phone:

08-20 84 05



# **Sergels torg**

111 57 Stockholm, Sweden

# **Summary:**

Public square featuring a sunken pedestrian plaza with a distinctive grey & white triangular design.



# **Norrmalmstorg**

Norrmalmstorg, Stockholm, Sweden



# Kungsträdgården

Jussi Björlings allé, 111 47 Stockholm, Sweden

# **Summary:**

City-center park with a winter ice rink, concerts & events, art galleries, restaurants & cafes.

# Phone:

08-508 272 00



# Monteliusvägen

Monteliusvägen, 118 25 Stockholm, Sweden

# **Opening Hours:**

Monday: Open 24 hours Tuesday: Open 24 hours Wednesday: Open 24 hours Thursday: Open 24 hours Friday: Open 24 hours Saturday: Open 24 hours Sunday: Open 24 hours



# **Riddarholmen Church**

Birger Jarls Torg 2, 112 28 Stockholm, Sweden

# **Summary:**

Former church now used for burial & commemorative purposes with sections dating from 13th century.

#### Phone:

08-402 61 00



# Gröna Lund

Lilla Allmänna Gränd 9, 115 21 Stockholm, Sweden

# **Summary:**

Seasonal amusement park with roller coasters & thrill rides, competitive games & live concerts.

#### Phone:

010-708 91 00



# Storkyrkan

Trångsund 1, 111 29 Stockholm, Sweden

# **Summary:**

Brick Gothic cathedral known as the Great Church, with artifacts & an iconic statue of St. George.

# **Opening Hours:**

Monday: 9:30 AM - 5:00 PM Tuesday: 9:30 AM - 5:00 PM Wednesday: 9:30 AM - 5:30 PM Thursday: 9:30 AM - 5:00 PM Friday: 9:30 AM - 5:00 PM Saturday: 9:30 AM - 5:00 PM Sunday: 9:30 AM - 5:00 PM

Phone:

08-723 30 00



# Hagaparken

Hagalund, Solna, Sweden

### **Summary:**

Large, popular park on a lake with architecturally significant structures & pavilions.

# **Opening Hours:**

Monday: Open 24 hours Tuesday: Open 24 hours Wednesday: Open 24 hours Thursday: Open 24 hours Friday: Open 24 hours Saturday: Open 24 hours Sunday: Open 24 hours

#### Phone:

08-402 60 00



# **The Royal Palace**

Kungliga slottet, 107 70 Stockholm, Sweden

#### **Summary:**

Baroque-style royal palace with 3 museums & a vast library. Admission fee can include a guided tour.

# **Opening Hours:**

Monday: 10:00 AM - 4:00 PM Tuesday: 10:00 AM - 4:00 PM Wednesday: 10:00 AM - 4:00 PM Thursday: 10:00 AM - 4:00 PM Friday: 10:00 AM - 4:00 PM Saturday: 10:00 AM - 4:00 PM Sunday: 10:00 AM - 4:00 PM

# Phone:

08-4026100



# **Drottningholm Palace**

Drottningholms slott, 178 93 Drottningholm, Sweden

### **Summary:**

Well-preserved 1600s royal residence, with a Chinese Pavilion pleasure palace, theater & gardens.

# **Opening Hours:**

Monday: Closed Tuesday: Closed Wednesday: Closed Thursday: Closed Friday: Closed

Saturday: 10:00 AM - 4:00 PM Sunday: 10:00 AM - 4:00 PM

#### Phone:

08-4026100



# **Nordic Museum**

Djurgårdsvägen 6-16, 115 93 Stockholm, Sweden

# **Summary:**

Displays on native traditions & trends in home decor & fashion, plus festivals & events.

# **Opening Hours:**

Monday: 10:00 AM - 5:00 PM Tuesday: 10:00 AM - 5:00 PM Wednesday: 10:00 AM - 8:00 PM Thursday: 10:00 AM - 5:00 PM Friday: 10:00 AM - 5:00 PM Saturday: 10:00 AM - 5:00 PM Sunday: 10:00 AM - 5:00 PM

#### Phone:

08-519 546 00



# **ABBA The Museum**

Djurgårdsvägen 68, 115 21 Stockholm, Sweden

### **Summary:**

Collection of the pop group's memorabilia & interactive exhibits, including a studio & dance floor.

# **Opening Hours:**

Monday: 10:00 AM - 6:00 PM Tuesday: 10:00 AM - 6:00 PM Wednesday: 10:00 AM - 6:00 PM Thursday: 10:00 AM - 8:00 PM Friday: 10:00 AM - 6:00 PM Saturday: 10:00 AM - 6:00 PM Sunday: 10:00 AM - 6:00 PM



# Östermalms Food Hall

Östermalmstorg 31, 114 39 Stockholm, Sweden

#### **Summary:**

1880s food hall with antique stalls selling produce, seafood & gourmet goods, plus several cafes.

# **Opening Hours:**

Monday: 9:30 AM - 7:00 PM Tuesday: 9:30 AM - 7:00 PM Wednesday: 9:30 AM - 7:00 PM Thursday: 9:30 AM - 7:00 PM Friday: 9:30 AM - 7:00 PM Saturday: 9:30 AM - 5:00 PM

Sunday: Closed



# Fotografiska Museum Stockholm

Stadsgårdshamnen 22, 116 45 Stockholm, Sweden

# **Summary:**

Museum in a brick-built, former customs house with a contemporary photography exhibition program.

# **Opening Hours:**

Monday: 10:00 AM - 11:00 PM Tuesday: 10:00 AM - 11:00 PM Wednesday: 10:00 AM - 11:00 PM Thursday: 10:00 AM - 11:00 PM Friday: 10:00 AM - 11:00 PM Saturday: 10:00 AM - 11:00 PM Sunday: 10:00 AM - 11:00 PM

#### Phone:

08-509 005 00



# Gamla stan

Gamla stan, Södermalm, Stockholm, Sweden



# **Stortorget (The Main Square)**

Stortorget, 111 29 Stockholm, Sweden

# **Summary:**

This cobblestone plaza dating back to the Middle Ages has historic buildings & a Christmas market.

# **Opening Hours:**

Monday: Open 24 hours Tuesday: Open 24 hours Wednesday: Open 24 hours Thursday: Open 24 hours Friday: Open 24 hours Saturday: Open 24 hours Sunday: Open 24 hours



# **Stockholm City Theatre**

Sergels Torg Norrmalm, 111 57 Stockholm, Sweden

#### Phone:

08-506 202 00



# **Stockholm City Hall**

Hantverkargatan 1, 111 52 Stockholm, Sweden

### **Summary:**

Waterside government offices completed in 1923 & made from red brick with a lantern-topped tower.

# **Opening Hours:**

Monday: 8:30 AM - 4:30 PM Tuesday: 8:30 AM - 4:30 PM Wednesday: 8:30 AM - 4:30 PM Thursday: 8:30 AM - 4:30 PM Friday: 8:30 AM - 4:30 PM Saturday: 8:30 AM - 4:30 PM Sunday: 8:30 AM - 4:30 PM

#### Phone:

08-508 290 00



# Vasa Museum

Galärvarvsvägen 14, 115 21 Stockholm, Sweden

#### **Summary:**

Museum for well-preserved, 17th-century warship, Vasa, that sank on her maiden voyage in 1628.

# **Opening Hours:**

Monday: 10:00 AM - 5:00 PM Tuesday: 10:00 AM - 5:00 PM Wednesday: 10:00 AM - 8:00 PM Thursday: 10:00 AM - 5:00 PM Friday: 10:00 AM - 5:00 PM Saturday: 10:00 AM - 5:00 PM Sunday: 10:00 AM - 5:00 PM

#### Phone:

08-519 548 80



# Skansen

Djurgårdsslätten 49-51, 115 21 Stockholm, Sweden

### **Summary:**

Open-air Swedish history museum, with buildings, people in costume & a zoo with Nordic animals.

# **Opening Hours:**

Monday: 10:00 AM - 3:00 PM Tuesday: 10:00 AM - 3:00 PM Wednesday: 10:00 AM - 3:00 PM Thursday: 10:00 AM - 3:00 PM Friday: 10:00 AM - 3:00 PM Saturday: 10:00 AM - 4:00 PM Sunday: 10:00 AM - 4:00 PM

# Phone:

08-4428200



# Royal Djurgården

Stockholm, 115 21 Stockholm, Sweden

#### **Summary:**

City park accessible by ferry boat & other means, with an amusement park, picnic spots & more.

# **Opening Hours:**

Monday: Open 24 hours Tuesday: Open 24 hours Wednesday: Open 24 hours Thursday: Open 24 hours Friday: Open 24 hours Saturday: Open 24 hours Sunday: Open 24 hours

#### Phone:

08-667 77 01

