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# **Tokyo: Where Tradition Meets Innovation**

Welcome to Tokyo, Japan's bustling metropolis where ancient temples stand in the shadow of futuristic skyscrapers. This 3-day guide will take you through the city's most iconic spots, from serene gardens to electric streetscapes.

# **Historical Overview**

Tokyo, formerly known as Edo, has transformed from a small fishing village into one of the world's most influential cities. As Japan's capital since 1868, it represents an extraordinary blend of traditional culture and cutting-edge technology, offering visitors a glimpse into both Japan's rich past and exciting future.

# Iconic Landmarks

- Tokyo Tower: A communications and observation tower inspired by the Eiffel Tower
- Tokyo Skytree: The world's tallest tower, offering spectacular city views
- Senso-ji Temple: Tokyo's oldest Buddhist temple, located in historic Asakusa
- Meiji Shrine: A serene Shinto shrine dedicated to Emperor Meiji and Empress Shoken

# **Cultural Treasures**

- Tokyo National Museum: Housing the world's largest collection of Japanese art
- Shibuya Crossing: The world's busiest pedestrian crossing
- Shinjuku Golden Gai: A network of narrow alleyways filled with tiny bars and eateries
- Harajuku: The epicenter of Japanese youth culture and fashion

# **Charming Districts**

- Ginza: Tokyo's upscale shopping and dining district
- Asakusa: Traditional district showcasing old Tokyo
- Shibuya: A major commercial and entertainment center
- Shinjuku: A major business district known for its nightlife

# **Green Spaces**

• Shinjuku Gyoen: A sprawling garden combining Japanese, English, and French styles

• Yoyogi Park: One of Tokyo's largest parks, popular for recreation and relaxation

# **Daily Itinerary**

# Day 1: Traditional Tokyo

- Tokyo National Museum
- Meiji-jingu Shrine
- Senso-ji Temple
- Shinjuku Gyoen National Garden
- Tsukiji Outer Market
- Evening in Ginza

# Day 2: Modern Tokyo

- Morning at Aoyama Moon Romantic
- Spotify O-East
- Shibuya Sky
- Tokyo Skytree
- Shibuya Crossing

# Day 3: Contemporary Culture

- Yoyogi Park
- Shibuya Scramble Square
- Asakusa Hoppy Street
- Shinjuku Golden Gai
- Tokyo Tower
- Harajuku Takeshita Street

# **Practical Travel Tips**

• Transportation: Utilize the efficient metro system; get a PASMO or Suica card

• Best Times to Visit: Spring (March-May) for cherry blossoms or Fall (October-November) for autumn colors

- Language: English signage is common in major areas; learning basic Japanese phrases is helpful
- Navigation: Download offline maps and save your hotel address in Japanese

This guide features carefully selected locations that showcase Tokyo's diverse character, from its ancient temples to its modern attractions. Each destination offers unique insights into Japanese culture and urban life.

Tokyo is more than just a city; it's a journey through time, where every street corner tells a story of tradition or innovation. Whether you're sampling street food in Asakusa, admiring the city views from Tokyo Skytree, or exploring the peaceful Meiji Shrine, Tokyo promises an unforgettable adventure.

Let this extraordinary city amaze you with its contrasts and charm. Welcome to Tokyo, where every moment is an opportunity for discovery!

# **Itinerary Preview**

3 days

Tokyo National Museum Meiji Jingu Sensō-ji Shinjuku Gyoen National Garden Tsukiji Outer Market Ginza

**DAY** 01

> Moon Romantic Spotify O-EAST Shibuya Sky Shibuya Sky Tokyo Skytree

**DAY** 02

Yoyogi Park

**DAY** 03 Takeshita Street Shinjuku Golden-Gai Tokyo Tower

Takeshita Street



# **Daily Events**



# Day 1

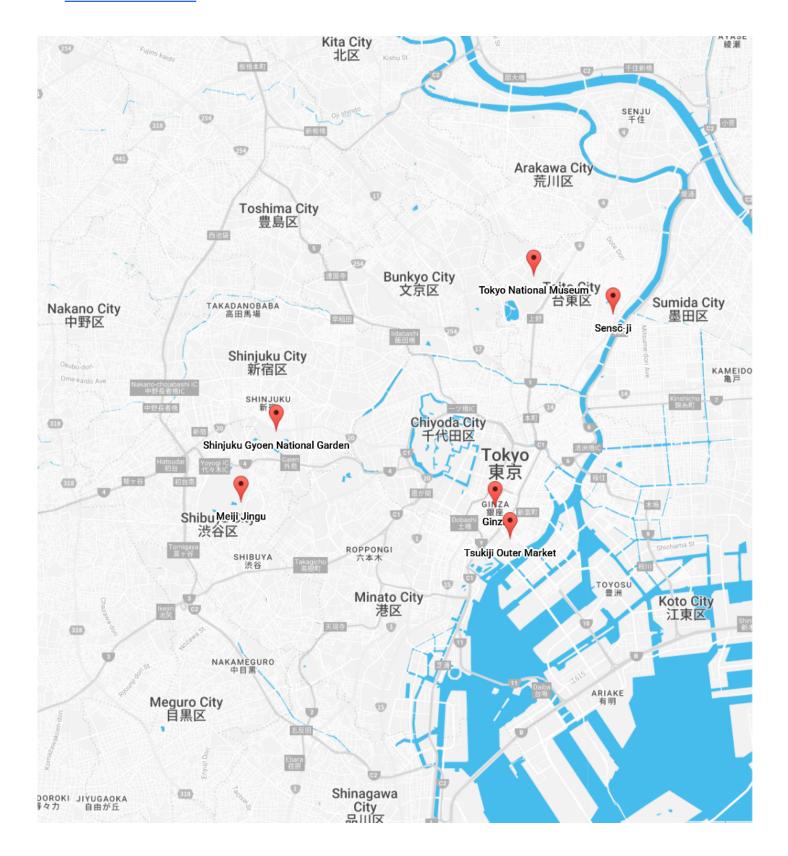
09:00	Tokyo National Museum
	13-9 Uenokōen, Taito City, Tokyo 110-8712, Japan
11:00	
11:30	Meiji Jingu
	1-1 Yoyogikamizonochō, Shibuya City, Tokyo 151-8557, Japan
12:45	
13:15	Sensō-ji
	2-chōme-3-1 Asakusa, Taito City, Tokyo 111-0032, Japan
14:30	
15:00	Shinjuku Gyoen National Garden
10.15	11 Naitōmachi, Shinjuku City, Tokyo 160-0014, Japan
16:15	

# Day 1 (continued)

16:45 Tsukiji Outer Market Japan, 〒104-0045 Tokyo, Chuo City, Tsukiji, 4-chōme-13, 及びら丁 目一部 18:00 Ginza Ginza, Chuo City, Tokyo 104-0061, Japan

20:00

# Map for Day 1



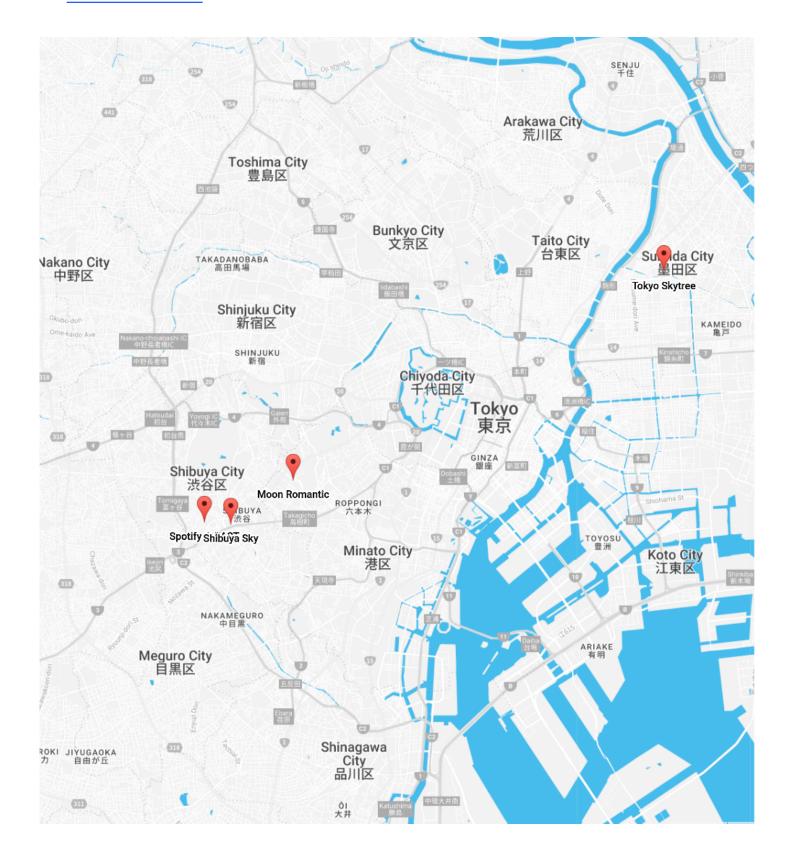
# Day 2

09:00	Moon Romantic
	Japan, 〒107-0062 Tokyo, Minato City, Minamiaoyama, 4- chōme−9−1 シンプル青山ビル 地下1階
10:15	
10:45	Spotify O-EAST
	2-chōme-14-8 Dōgenzaka, Shibuya City, Tokyo 150-0043, Japan
12:15	
12:45	Shibuya Sky
	Japan,〒150-6145 Tokyo, Shibuya City, Shibuya, 2-chōme-24-1 2 14階・45階・46階・屋上
14:00	
14:30	Shibuya Sky
	Japan,〒150-6145 Tokyo, Shibuya City, Shibuya, 2-chōme−24−1 2 14階・45階・46階・屋上
16:15	

# Day 2 (continued)



# Map for Day 2



# Day 3

09:00	Yoyogi Park
	2-1 Yoyogikamizonochō, Shibuya City, Tokyo 151-0052, Japan
10:00	
10:30	Takeshita Street
	Takeshita St, 1-chōme Jingūmae, Shibuya City, Tokyo 150-0001, Japan
12:00	
12:30	Shinjuku Golden-Gai
	1-chōme-1-6 Kabukichō, Shinjuku City, Tokyo 160-0021, Japan
14:30	
15:00	Tokyo Tower
	4-chōme-2-8 Shibakōen, Minato City, Tokyo 105-0011, Japan
16:45	

# Day 3 (continued)

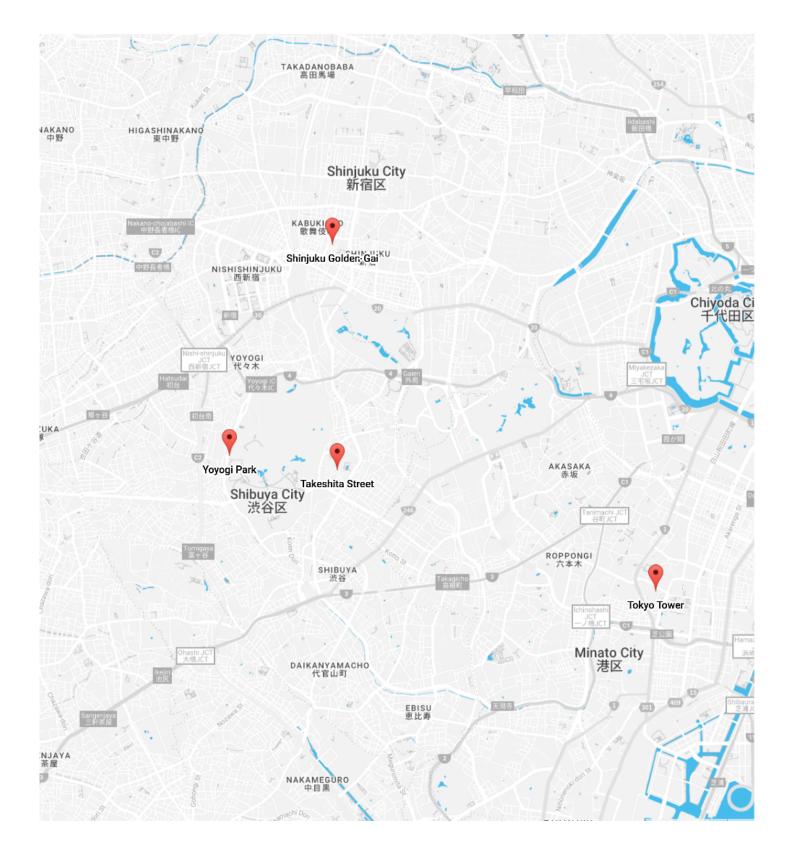


Takeshita St, 1-chōme Jingūmae, Shibuya City, Tokyo 150-0001, Japan

18:45

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# Map for Day 3





# Spots



# Akihabara Electric Town

Akihabara Electric Town, Tokyo, Japan



# Kabukicho

Kabukicho, Shinjuku City, Tokyo 160-0021, Japan

# Summary:

Famed entertainment district best known for adult-oriented nightlife plus clubs, pubs & snack bars.



# Meguro River, Tokyo, Japan



# **Roppongi Hills**

6-chōme-10-1 Roppongi, Minato City, Tokyo 106-6108, Japan

#### **Summary:**

Complex housing offices, restaurants & art museum, plus a skyscraper with a roof observation deck.

# **Opening Hours:**

Monday: 11:00 AM - 11:00 PM Tuesday: 11:00 AM - 11:00 PM Wednesday: 11:00 AM - 11:00 PM Thursday: 11:00 AM - 11:00 PM Friday: 11:00 AM - 11:00 PM Saturday: 11:00 AM - 11:00 PM

#### **Phone:**

03-6406-6000



# **Omotesando Hills**

4-chōme-12-10 Jingūmae, Shibuya City, Tokyo 150-0001, Japan

# Summary:

Indoor shopping mall with a unique triangular floor plan & high-end stores on multiple levels.

# **Opening Hours:**

Monday: 11:00 AM - 8:00 PM Tuesday: 11:00 AM - 8:00 PM Wednesday: 11:00 AM - 8:00 PM Thursday: 11:00 AM - 8:00 PM Friday: 11:00 AM - 8:00 PM Saturday: 11:00 AM - 8:00 PM

# Phone:

03-3497-0310



# **Ghibli Museum**

1-chōme-1-83 Shimorenjaku, Mitaka, Tokyo 181-0013, Japan

## **Summary:**

Whimsical museum dedicated to the famed animation studio with a play area, theater & rooftop garden.

# **Opening Hours:**

Monday: 10:00 AM - 6:00 PM Tuesday: Closed Wednesday: 10:00 AM - 6:00 PM Thursday: 10:00 AM - 6:00 PM Friday: 10:00 AM - 6:00 PM Saturday: 10:00 AM - 6:00 PM



# **Nezu Shrine**

1-chōme-28-9 Nezu, Bunkyo City, Tokyo 113-0031, Japan

#### **Summary:**

Tranquil Shinto shrine known for its tunnel-like series of torii gates & spring azalea blooms.

#### **Opening Hours:**

Monday: 6:00 AM - 5:00 PM Tuesday: 6:00 AM - 5:00 PM Wednesday: 6:00 AM - 5:00 PM Thursday: 6:00 AM - 5:00 PM Friday: 6:00 AM - 5:00 PM Saturday: 6:00 AM - 5:00 PM

## Phone:

03-3822-0753



# **Odaiba Marine Park**

1 Chome-4 Daiba, Minato City, Tokyo 135-0091, Japan

#### **Summary:**

Coastal green space with views of the Rainbow Bridge & city, plus paths & a small Statue of Liberty.

#### **Opening Hours:**

Monday: Open 24 hours Tuesday: Open 24 hours Wednesday: Open 24 hours Thursday: Open 24 hours Friday: Open 24 hours Saturday: Open 24 hours Sunday: Open 24 hours

#### **Phone:**

03-5500-2455



# **Tokyo Disneyland**

1-1 Maihama, Urayasu, Chiba 279-0031, Japan

# **Summary:**

Tokyo offshoot of the iconic theme park known for its rides, live shows & costumed characters.

# **Opening Hours:**

Monday: 8:00 AM - 10:00 PM Tuesday: 8:00 AM - 10:00 PM Wednesday: 8:00 AM - 10:00 PM Thursday: 8:00 AM - 10:00 PM Friday: 8:00 AM - 10:00 PM Saturday: 8:00 AM - 10:00 PM

# Phone:

045-330-5211



# Sumida River

Sumida River, Tokyo, Japan



# Yoyogi Park

2-1 Yoyogikamizonochō, Shibuya City, Tokyo 151-0052, Japan

# Summary:

Large, public city park with lakes, fountains & forested areas with mature trees.

# **Opening Hours:**

Monday: Open 24 hours Tuesday: Open 24 hours Wednesday: Open 24 hours Thursday: Open 24 hours Friday: Open 24 hours Saturday: Open 24 hours Sunday: Open 24 hours

#### **Phone:**

03-3469-6081



# **Tokyo Tower**

4-chōme-2-8 Shibakōen, Minato City, Tokyo 105-0011, Japan

## **Summary:**

Reminiscent of the Eiffel Tower, this landmark features observation areas & other attractions.

## **Opening Hours:**

Monday: 9:00 AM - 11:00 PM Tuesday: 9:00 AM - 11:00 PM Wednesday: 9:00 AM - 11:00 PM Thursday: 9:00 AM - 11:00 PM Friday: 9:00 AM - 11:00 PM Saturday: 9:00 AM - 11:00 PM

## Phone:

03-3433-5111



# **Takeshita Street**

Takeshita St, 1-chōme Jingūmae, Shibuya City, Tokyo 150-0001, Japan



# Shinjuku Golden-Gai

1-chōme-1-6 Kabukichō, Shinjuku City, Tokyo 160-0021, Japan

#### **Summary:**

Festive, popular city district famed for its narrow, winding alleys & numerous snug taverns.

# **Opening Hours:**

Monday: Open 24 hours Tuesday: Open 24 hours Wednesday: Open 24 hours Thursday: Open 24 hours Friday: Open 24 hours Saturday: Open 24 hours Sunday: Open 24 hours

#### **Phone:**

03-3209-6418



# Shibuya Scramble Square

2-chōme-24-12 Shibuya, Shibuya City, Tokyo 150-0002, Japan

## **Summary:**

Chic mall featuring traditional Japanese crafts & food, French pastries & a 230-m. observation deck.

## **Opening Hours:**

Monday: 10:00 AM - 9:00 PM Tuesday: 10:00 AM - 9:00 PM Wednesday: 10:00 AM - 9:00 PM Thursday: 10:00 AM - 9:00 PM Friday: 10:00 AM - 9:00 PM Saturday: 10:00 AM - 9:00 PM

# Phone:

03-4221-4280



# **Shibuya Scramble Crossing**

21 Udagawacho, Shibuya City, Tokyo 150-0042, Japan



# **Tokyo Skytree**

1-chōme-1-2 Oshiage, Sumida City, Tokyo 131-0045, Japan

## Summary:

World's tallest freestanding broadcasting tower with an observation deck boasting 360-degree views.

# **Opening Hours:**

Monday: 10:00 AM - 10:00 PM Tuesday: 10:00 AM - 10:00 PM Wednesday: 10:00 AM - 10:00 PM Thursday: 10:00 AM - 10:00 PM Friday: 10:00 AM - 10:00 PM Saturday: 10:00 AM - 10:00 PM

## Phone:

0570-550-634



# Harmonica Yokocho

1-chōme-1-3 Kichijōji Honchō, Musashino, Tokyo 180-0004, Japan

## **Opening Hours:**

Monday: 10:00 AM - 8:00 PM Tuesday: 10:00 AM - 8:00 PM Wednesday: 10:00 AM - 8:00 PM Thursday: 10:00 AM - 8:00 PM Friday: 10:00 AM - 8:00 PM Saturday: 10:00 AM - 8:00 PM



# Meiji Jingu

1-1 Yoyogikamizonochō, Shibuya City, Tokyo 151-8557, Japan

# Summary:

Surrounded by forest, this venerable Shinto shrine features a seasonal iris garden.

# Phone:

03-3379-5511

# **Spotify O-EAST**

2-chōme-14-8 Dōgenzaka, Shibuya City, Tokyo 150-0043, Japan

# **Opening Hours:**

Monday: Closed Tuesday: 8:00 AM - 6:00 PM Wednesday: 8:00 AM - 6:00 PM Thursday: 8:00 AM - 6:00 PM Friday: 8:00 AM - 6:00 PM Saturday: 8:00 AM - 6:00 PM

#### **Phone:**

03-5458-4681

# **Tokyo National Museum**

13-9 Uenokōen, Taito City, Tokyo 110-8712, Japan

#### **Summary:**

Stately museum complex devoted to the art & antiquities of Japan, as well as other Asian countries.

## **Opening Hours:**

Monday: Closed Tuesday: 9:30 AM - 5:00 PM Wednesday: 9:30 AM - 5:00 PM Thursday: 9:30 AM - 5:00 PM Friday: 9:30 AM - 8:00 PM Saturday: 9:30 AM - 8:00 PM Sunday: 9:30 AM - 5:00 PM

## **Phone:**

050-5541-8600

# Tsukiji Outer Market

Japan, 〒104-0045 Tokyo, Chuo City, Tsukiji, 4-chōme-13, 及び6丁目一部

#### **Summary:**

Sprawling wholesale fish market with an array of seafood & viewing areas for a popular tuna auction.

### **Opening Hours:**

Monday: 5:00 AM - 2:00 PM Tuesday: 5:00 AM - 2:00 PM Wednesday: 10:00 AM - 2:00 PM Thursday: 5:00 AM - 2:00 PM Friday: 5:00 AM - 2:00 PM Saturday: 5:00 AM - 2:00 PM

#### **Phone:**

03-3541-9444

# Shibuya Sky

Japan, 〒150-6145 Tokyo, Shibuya City, Shibuya, 2-chōme-24-1214階・45階・46 <u>階・屋上</u>

#### **Summary:**

A 360° open-air observation deck located on the roof of the Shibuya Scramble Square skyscraper.

## **Opening Hours:**

Monday: 10:00 AM - 10:30 PM Tuesday: 10:00 AM - 10:30 PM Wednesday: 10:00 AM - 10:30 PM Thursday: 10:00 AM - 10:30 PM Friday: 10:00 AM - 10:30 PM Saturday: 10:00 AM - 10:30 PM

#### Phone:

03-4221-0229

# Sensō-ji

2-chōme-3-1 Asakusa, Taito City, Tokyo 111-0032, Japan

# Summary:

Completed in 645, this temple, Tokyo's oldest, was built to honor Kannon, the goddess of mercy.

Phone:

03-3842-0181

# Shinjuku Gyoen National Garden

11 Naitōmachi, Shinjuku City, Tokyo 160-0014, Japan

## **Summary:**

This former estate is now a 144-acre park with diverse garden areas, grassy expanses & a greenhouse.

## **Opening Hours:**

Monday: Closed Tuesday: 9:00 AM - 4:00 PM Wednesday: 9:00 AM - 4:00 PM Thursday: 9:00 AM - 4:00 PM Friday: 9:00 AM - 4:00 PM Saturday: 9:00 AM - 4:00 PM

# Phone:

03-3350-0151

# **Moon Romantic**

Japan, 〒107-0062 Tokyo, Minato City, Minamiaoyama, 4-chōme-9-1 シンプル青山 ビル地下1階

## **Opening Hours:**

Monday: 2:00 - 10:00 PM Tuesday: 2:00 - 10:00 PM Wednesday: 2:00 - 10:00 PM Thursday: 2:00 - 10:00 PM Friday: 2:00 - 10:00 PM Saturday: 2:00 - 10:00 PM

#### **Phone:**

03-5474-8115